

PhysAgeNet & EGRAPA Conference 2025

Mittwoch, 7. Mai 2025 - Freitag, 9. Mai 2025

Trabzon, Turkey

Wissenschaftliches Programm

T1 - Physical Activity and Well-Being in Later Life: Integrating Psychological and Holistic Perspectives.

T2 - Molecular, Genetic, and Cellular Mechanisms Influencing Physical Activity: Unraveling the Deep Science of Exercise and Health.

T3 - Leveraging Technology for Physical Activity and Exercise Interventions in Older Adults.

T4 - Mindful Physical Practices in Aging: Exploring the Role of Yoga, Tai Chi, and Similar Modalities.

T5 - Epidemiological Perspectives on Physical Activity in advanced age: Patterns, Determinants, and Public Health Implications.

T6 - Brain, Cognition, and Physical Activity – A Dynamic Interplay.

T7 - Promoting Physical Activity in Older Adults: Practical Strategies and Implementation Frameworks.