

Inner Development Goals

Jaana Rasmussen 2023
jr@jaana-rasmussen.de



GLOBAL LEADERSHIP PROGRAMM INNER DEVELOPMENT GOALS

Die Inner Development Goals als Motor für nachhaltige Veränderung

INNER DEVELOPMENT GOALS (IDGs)



Veränderung beginnt mit jeder einzelnen Person

SUSTAINABLE DEVELOPMENT GOALS (SDGs)



Inner Development Goals:

Reflect on and engage with the IDG framework



INNER DEVELOPMENT GOALS
Transformational Skills for Sustainable Development

1. **Being** — Relationship to Self

2. **Thinking** — Cognitive Skills

3. **Relating** — Caring for Others and the World

4. **Collaborating** — Social Skills

5. **Acting** — Driving change